



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WE'VE GOT SPIRIT!

Do you have spirit? YMCA Cheerleading offers girls the chance to get active and have some fun cheering on the YMCA Youth Sports teams. Cheerleaders will build self-confidence and self-esteem while developing social skills and healthy relationships with other girls.

Learn the fundamentals of cheerleading including basic motions, jumps, cheers and chants. Participants practice once weekly and then take their skills to the court or field to cheer at Y youth sports games on Saturdays.

More than just Cheering! The YMCA believes that character development is an essential element of sports. Caring, honesty, respect, responsibility and faith are valued on and off the field. In YMCA sports, everyone plays and everyone plays fair. We put safety first and emphasize positive competition. YMCA sports are for all and are played for fun.



FREE INTRODUCTORY LESSON Thursday, Sept. 6, 2018 6:30-7:00 pm ALL STUDENTS WELCOME!

- DATE:** Thursdays for 12 weeks beginning Sept. 13, 2018
- TIME:** JR STARS (Ages 5,6,7): 6:30-7:00pm
SR STARS (Ages 8-15): 7:10-7:40pm
- LOCATION:** Y Youth Center at Harada, 12884 Oakdale St, Eastvale, CA
- FEES:** \$5 Registration Fee
\$85 Program Fee (Can be paid \$8/week)
- REGISTRATION:** Thursday, Sept. 6, 2018 at the Harada Site Front Desk

FOR INFORMATION & OTHER FEES CALL: 951-817-0237



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¡TENEMOS ESPIRITU!

Tienes espíritu? YMCA Cheerleading ofrece a las niñas la oportunidad de participar activamente y tener cierta diversión aclamando en el YMCA equipos deportivos juveniles. Cheerleading construirá su confianza y autoestima, mientras que el desarrollo de habilidades sociales y relaciones saludable con otras niñas.

Aprender los fundamentos movimientos básicos, saltos, aplausos y cantos. Las participantes practican una vez semanalmente y luego llevan sus habilidades al campo para aclamar en juegos de deportes juveniles los sábados.

¡Más que sólo ovaciones! El YMCA cree que desarrollo del carácter es un elemento esencial del deporte. Cuidado, honestidad, respeto, responsabilidad y fe son valorados dentro y fuera del campo. En los deportes del YMCA, todos juegan y todos juegan justo. Ponemos la seguridad primero y enfatizamos competencia positiva. Los deportes de YMCA son para todos y son jugados para la diversión.



LECCIÓN GRATUITA DE INTRODUCCIÓN Jueves, 6 de septiembre, 2018 6:30-7:00 pm ¡TODOS LOS ESTUDIANTES BIENVENIDOS!

FECHA: Jueves por 12 semanas a partir del 13 de septiembre de 2018

HORA: JR STARS (edades 5,6,7): 6:30-7:00pm

SR STARS (edades 8-15): 7:10-7:40pm

LOCACION: Y Youth Center at Harada, 12884 Oakdale St, Eastvale, CA

MATRÍCULA: \$5 Cuota de inscripción

\$85 Tarifa del programa (puede pagarse \$ 8 por semana)

REGISTRO: jueves, 6 de septiembre de 2018 en la recepción del sitio de Harada

PARA INFORMACIÓN Y OTRAS TARIFAS LLAME: 951-817-0237



the

BUILDING BRIGHT STARS



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Limited Space
Enroll now!

PRESCHOOL ENROLLMENT NOW OPEN!

Ages 3 - 4

The Y's Child Care program is more than just care for children; it's an opportunity to learn, create, play, empower and grow. The Part Day program is a 3-hour curriculum-based session, three session times are available.

Full and Part Day: YMCA Youth Center at Merrill

Register at:
YMCA Youth Center at Merrill
312 S. Merrill St. Corona, CA 92882
(951) 734-8026
Monday-Friday, 8am - 5pm

First 5/State Funded Programs - sliding fee scale based on Income, need and family size. Please bring the following documents:

- Proof of residency (bill)
- Proof of income (last 2 months paystubs)
- Birth certificates for all children under 18 in the home
- Immunization card with current TB test



**EDIFICIO
BRILLANTE
ESTRELLAS**



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**Espacio Limitado
¡Regístrate Hoy!**

¡MATRÍCULA PARA PREESCOLAR YA ESTA ABIERTA!

Edades 3 - 4

Programa de Cuidado de Niños del Y es más que el cuidado de los niños; es una oportunidad para aprender, crear, jugar, dar poder y crecer. Programa ofrece 4 horas de basadas en el programa de aprendizaje.

El desayuno, el almuerzo y una merienda están incluidos.

Todo y Medio Día: YMCA Youth Center at Merrill

**Registraciones en:
YMCA Youth Center at Merrill
312 S. Merrill St., Corona,
92882
(951) 734-8026**

Programa financiado por el estado - escala de pago basado en los Ingresos, necesidad y tamaño de las familias.

Por favor de traer los siguientes documentos:

- Prueba de domicilio
- Prueba de ingresos (último recibos de dos meses)
- Actas de nacimiento de todos los niños menores de 18 años en el hogar
- Tarjeta de vacunación con la prueba de la tuberculosis reciente



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STRENGTHENING FAMILIES PROGRAM GUIDE CORONA-NORCO FAMILY YMCA

LOCATIONS:

1. Main YMCA Facility	1331 River Road Corona, CA 92880	951.736.9622
2. YMCA Youth Center at Home Gardens	13550 Tolton Ave. Corona, CA 92879	951.278.9680
3. YMCA Youth Center at City Park	475 E. Grand Blvd. Corona, CA 92879	951.736.9163
4. YMCA Administration Office	427 E. Grand Blvd. Corona, CA 92879	951.736.1415
5. YMCA Community Center at Home Gardens Library (Teen Center)	3785 Neece St. Corona, CA 92879	951.280.0783
6. YMCA Youth Center at Harada School	12884 Oakdale St. Eastvale, CA 92880	951.817.0237
7. YMCA Youth Center at Jurupa Valley	9254 Galena St. Riverside, CA 92509	951.685.5241
8. YMCA Youth Center at Merrill	312 S. Merrill St. Corona, CA 92882	951.734.8026
9. YMCA Youth Center at Citrus Circle Apartments	301 S. Buena Vista Ave. Corona, CA 92882	951.531.8641
10. YMCA Youth Center at River Road Park	1100 River Road Corona, CA 92880	951.279.3472

The Y Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

Join the Y – Impact Your Community: At the Y, strengthening community is our cause. Every day, we work side-by-side with our neighbors to make sure that everyone, regardless of age, income or background, has the opportunity to learn, grow and thrive.

REGISTRATION: VISIT THE MAIN Y TO REGISTER FOR OUR PROGRAMS.

MAIN Y OFFICE: 1331 RIVER ROAD, CORONA, CA 92880 OR CALL (951) 736-9622.
HOURS: 6:00AM—6:00PM

CHILD CARE

Infant Care

Program	Ages	Times	Days	Location	Phone	Fees
Full Day	6 weeks - 36mo	6am - 5pm	Monday - Friday	Y Infant Center at River Road Park	(951) 734-8026	State funded program. Eligibility is based on need and income.
Full Day	6weeks -36mo	7am - 5pm	Monday— Friday	Y Youth Center at Jurupa Valley	(951) 685-5241	State funded program. Eligibility is based on need and income.

Toddler

Program	Ages	Times	Days	Location	Phone	Fees
Full Day	18mo - 36mo	6am - 6pm	Monday - Friday	Y Youth Center at Jurupa Valley	(951) 685-5241	State funded program. Eligibility is based on need and income. Eligibility is based on need and
Full Day	2 years—36mo	6am - 6pm	Monday—Friday	Y Youth Center at Main Y	(951) 734-8052	State funded program. Eligibility is based on need and income.

Preschool

Program	Ages	Times	Days	Location	Phone	Fees
Full Day & Fee-based	3 - 5 years	6am - 6pm	Monday - Friday	Main Y	(951) 736-9622	Fee-based and funded programs. Tuition based fee: \$140/week + \$85 Annual Registration Fee/Family \$85 Membership Fee Per child/year
Full Day Scholarship	3 - 5 years	6am - 6pm	Monday - Friday	Main Y	(951) 736-9622	State funded program. Eligibility is based on need and income. Eligibility is based on income.
Full Day	3 - 5 years	6am - 6pm	Monday - Friday	Y Youth Center at City Park	(951) 734-8026	State funded program. Eligibility is based on need and income. Eligibility is based on income.
Full Day & Part Day	3 - 5 years	6am - 6pm	Monday - Friday	Y Youth Center at Jurupa Valley	(951) 685-5241	State funded program. Eligibility is based on need and income. Eligibility is based on income.
Part Day	3 - 5 years	6am - 6pm	Monday - Friday	Y Youth Center at Merrill	(951) 734-8026	State funded program. Eligibility is based on need and income.

School Age

Program	Ages	Times	Days	Location	Phone	Fees
Before/After School Care & Off Track Child Care	K - 6th Grade	6am - 6pm	Monday - Friday	Y Youth Center at Main Y	(951) 736-9622	Cost: \$140/week + \$85 registration fee/family \$85 membership fee per child/year
Before/After School Care & Off Track Child Care	K - 6th Grade	6am - 6pm	Monday - Friday	Y Youth Center at Harada School	(951) 736-9622	Cost: \$140/week + \$85 registration fee/family \$85 membership fee per child/year
Before/After School Care & Off Track Child Care	K - 6th Grade	6am - 6pm	Monday - Friday	Y Youth Center at Home Gardens	(951) 278-9680	State funded program. Eligibility based on need and income.
Before/After School Care & Off Track Child Care	K - 6th Grade	6am - 6pm	Monday - Friday	Y Youth Center at Jurupa Valley	(951) 685-5241	State funded program. Eligibility based on need and income.

CHILD & YOUTH PROGRAMS

Program	Ages	Times	Days	Location	Contact/Fees	Description
Adventure Guides	Adventure Guides: 5-6th Grade: Trail Maidens: 6th grade & Up		Tuesdays & some Sundays	Main Y	Lorena Gomez at gomezj@ymcacornor.org or (951) 736-1415	The YMCA Adventure Guides Program is designed to strengthen the family relationship between mother and daughter. Get to know your kid while she is still a kid. We hold continuing registration for this program.
Music Lessons		Main Y: 4:00pm - 8:00pm Community Center: 2:00pm—6:00pm	Main Y: Monday—Thursday Y Community Center: Thursdays	Main Y; Y Community Center	Main Y: Members: \$20 per 1/2 hr, Non-Members: \$25 per 1/2 hr (951) 736-9622 Community Center: Members: \$25 per 1/2 hr Non Members: \$35 per 1/2 hr (951) 280-0783	Learn how to play the piano, woodwinds/brass, drums, guitar. One-on-one lessons.
Karate	Beginners Int/Advanced	6:15pm 7:00pm 7:15pm 8:00pm	Mondays & Wednesdays	Main Y	(951) 736-9622	Cost \$35 Member, \$45 Non members; Cost is per month.
Cheerleading	JR STARS SR STARS	6:15pm 7:00pm 7:15pm 7:50pm	Thursdays	Y Youth Center at Harada	(909) 948-3861	WWW.CYSCALLSTARS.COM
Youth Sports	Ages 4-6 Ages 7-10	6:15pm 7:00pm 7:15pm 7:50pm	Tuesday & Thursday	Main Y	(951) 736-9622	Cost \$45 Member, \$55 Non members. New sport every six weeks: Soccer, Basketball, and Health & Fitness

TEEN PROGRAMS

Program	Ages	Times	Days	Location	Contact/Fees	Description
Teen Center	9th - 12th Grade	Summer Hours: 12pm-6pm Aug-June: 2pm - 6pm	Monday - Friday	Y Community Center at Home Gardens Library	(951) 280-0783 Contact: Veronica Martinez Cost: \$85 Y Member fee. Cooking Club: \$5 per week	A fun, friendly, relaxing and drama-free environment. Hang out with friends playing Wii, air hockey and foosball. Computer classes, Saturday school and tutoring available. Learn how to make tasty new dishes in the Cooking Club.
Youth & Government	9th - 12th Grade	Evenings	Thursdays	Y Community Center at Home Gardens Library	Lorena Gomez at gomezj@ymcacornor.org or (951) 736-1415	The Youth & Government program starts in September and allows high school students to experience the law-making process first-hand, through a unique student-run, student-led process.

ADULT PROGRAMS

Program	Times	Days	Location	Phone	Fees & Additional Info
CPR/1st Aid/ AED Classes	8:30am	2nd Saturday of each month	Main Y	Lisa: (800) 325-4468	Cost: starting at \$45
Health & Safety Class	8:30am	Check website for upcoming dates	Main Y	Lisa: (800) 325-4468	Cost: \$60
Yoga	9:30am - 10:30am	Thursday	Y Community Center	(951) 280-0783	Develop your flexibility. learn breathing exercises, relaxation, improve your Circulation and relief stress Fee: \$3 per class
Zumba	10:00am - 11:00am 6:00pm - 7:00pm	Mon, Tues, Wed, Fri	Y Community Center	(951) 280-0783	An exhilarating, effective, easy-to-follow Latin inspired dance fitness party for teens and adults. All ages welcome. Fee: \$3 per class
Music Lessons	Main Y 4:00pm - 8:00pm Community Center: 2:00pm-6:00pm	Monday - Thursday	Main Y; Y Community Center	(951) 736-9622	Learn how to play the piano, woodwinds/ brass, drums, guitar. One-on-one lessons.

EVENTS & FUNDRAISERS

- Tamales & Tequila
- Pancake & Pozole Breakfast
- A Night at Luna's Dinner
- Ira D. Calvert Distinguished Service Awards Dinner

Be a part of a leading charitable organization for youth development, healthy living and social responsibility. When you join the Y, you belong to a place where:

- Parents find a safe, positive environment for children to learn good values, social skills and behaviors.
- Families come together to have fun and spend quality time with each other.
- Children and teens play, learn who they are and what they can achieve.
- Adults connect with friends, pursue interests and learn how to live healthier.
- Communities thrive because neighbors support each other and give back.

We do everything we can to make the Y a place for all!

CORONA-NORCO FAMILY YMCA 1331 River Road, Corona, CA 92880

P 951.736.9622 **F** 951.736.6759 **W** ymcacornor.org

@YMCACORNOR

